

Messiah Senior Adult Ministry



July - September, 2022
Faith, fun, friendship and
service for ages 55+

adultministry@messiahchurch.com

Second Harvest Food Bank Food Labeling Project

We just got word from Second Harvest Food Bank (SHFB) and they have given us additional volunteer shifts into the fall. Here are the new dates and times. One of them is a Tuesday due to Labor Day:

Monday, August 22nd, from 12:30 - 3:30 pm
Tuesday, September 6th from 12:30 - 3:30 pm
Monday, September 19th from 12:30 - 3:30 pm
Monday, October 3rd from 12:30 - 3:30 pm
Monday, October 17th from 12:30 - 3:30 pm
Monday, October 31st from 12:30 - 3:30 pm (get ready to dress up with SHFB!)



A couple of things to note here from our SAM-SHFB partnership. First, each three-hour shift we fulfill is the equivalent of approximately 5,000 meals! Second, I see a lot of SAM folks enjoying the work and coming back regularly for additional shifts. It is easy to sign up. Just send an email to adultministry@messiahchurch.com

Everyone is welcome. Come and join the fellowship while we work!

Please read the message on the back wall in the picture. It hits home. SAM is indeed making an impact!

Get Your Tickets for Kids from Wisconsin



The Kids from Wisconsin are on tour this summer and they are making a stop in town on Friday, August 19th at 7:00 pm. They will perform in the auditorium at Monona Grove High School, 4400 Monona Dr., Monona, WI. This is about a 10-minute drive from church.

Our seating block is excellent as the majority of the seats are in the center section, main floor—right behind the block of seats for performers' families and friends!

Tickets are just \$15.00 each. When you reserve through the SAM block, not only do you get a seat in a great location, but you also do not have to pay the service fee on each ticket.

Make it a fun night and have dinner with your friends and then head to Monona Grove High School for a night of great entertainment. Watch your email for the ticket application. Be sure to return it quickly as this block of seats will sell out fast. Now is the time to talk to your friends and get the date on your calendar!



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'Tis the Season for SAM Hikes with Barb and Walt

Barb and Walt Herrod have checked out the trails and have laid out a great group of SAM hikes for us this fall. You will receive more details as we get closer to each hike date. For now, please mark these dates on your calendar:

Tuesday, September 13, Holy Wisdom, Middleton
Wednesday, October 19, location to be announced
Friday, November 4, UW Arboretum

All are welcome on these hikes. Each hike lasts about two hours with breaks. It is a fantastic way to meet SAM folks in a small group setting and get some great exercise at the same time!



SAM Potluck Luncheon
Kicks Off September 28th



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That was a quick summer! On to fall and the SAM 2022-2023 Potluck Season! It all starts on Wednesday, September 28th at 12:00 noon with our well-known potluck. Our first speaker of the season will be Mary Olson, a Medicare Insurance Specialist from Lodi, Wis.



Whether you are new to Medicare or you have been in the program for many years, now is the time to come and learn what is new in Medicare and what has changed. Mary's presentation will cover:

- 1) What are the various parts of Medicare: A, B, C, and D
- 2) Medicare Open Enrollment (10/15-12/7) what can we do during this period?
- 3) What is a supplement vs Medicare advantage plan, pros/cons of each. (This is important as there are so many commercials in the fall that get people very confused).
- 4) Questions and Answers session.

Feel free to bring along a family member who can also take notes and help review the presentation with you. You are more than welcome to also bring along your neighbor to benefit from the program.