

# Messiah Senior Adult Ministry



January-March 2019  
Faith, fun, friendship and  
service for ages 55+  
adultministry@messiahchurch.com

## Empty Table

We started this "give back" opportunity at our November luncheon. It replaces the container for dollar bills at the start of the food table. Due to its success in many directions, we will again feature the Empty Table in 2019 at all of our luncheons. The Empty Table is just that, an empty table with no cloth at the start of the potluck food tables.

The goal is to cover the Empty Table with non-perishable foods before we sit down to enjoy our meal.



A SAM volunteer boxes the donations after lunch and delivers them to the Madison Police Department East Precinct. Officer Marcus Robbins then delivers the food to neighbors in need right in our community. The food is all distributed within a couple of days. It is common to collect 150-175 food items at each luncheon. Officer Robbins reports back that the recipients are truly grateful for SAM's outreach.

## Blood Pressure Checks



Upcoming blood pressure checks will be held in Messiah's conference room on the weekends of January 12-13, February 9-10, and March 9-10. A special thank you to SAM's Health Ministry team for their continuing work on checking blood pressures. The team consists of Janet Alfonso, Jenna Shinstine, Paula Pope, Dawn Olson, Denise Cheramy, and Kathy Rieck. Alice Wampole also was a member of this time until her recent

passing. We are thankful to Alice and all of the team for their work in this ministry to Messiah members.

## Blood Drive Coming Soon to Messiah

SAM's Health Ministry, under the direction of Janet Alfonso and Denise Cheramy, will offer a blood drive at church this spring. The drive will be conducted by the American Red Cross staff. The details are still being finalized and will be publicized as soon as they are known. For now, we hope you will plan on being part of this new SAM Health Ministry opportunity this spring.

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**Wednesday, January 30, 12:00 PM –**

## **Tax Changes for Seniors**

As you start getting your documents ready for your 2018 tax return, it is likely you are going to have questions about how the changes in the tax code will affect you when completing your 2018 tax return. Our speaker will identify the important tax changes from a senior's perspective.

Patrick Ellestad, a financial advisor for Edward Jones and a Messiah member, will talk about the changes in the tax code for 2018 and things to watch out for when getting your documents ready for your 2018 return. He also played football for the Wisconsin Badgers so if we finish early, I am sure he would be happy to talk sports! Bring a friend and your questions.



## **Wednesday, February 13, 11:30 AM – Ladies' Lunch Bunch**

The ladies' luncheon will be held at Off Broadway Drafthouse, 5404 Raywood Rd., Madison. Be sure to sign up on the kiosk in the Gathering Space as these luncheons can have limits put in place by the individual restaurants. This luncheon is limited to 24 diners. If you do need to cancel, please update the sign-up chart so someone else can enjoy fellowship and lunch. For questions, contact Janet Alfonso, [alfonso\\_janet@yahoo.com](mailto:alfonso_janet@yahoo.com) or (608) 221-1040.

**SAM Ladies' Lunch Bunch** continues to meet the second Wednesday of the month at 11:30 am at local restaurants. The future dates are March 13th and April 10th. Watch the weekly bulletins and the Column for the restaurant locations and sign up on the kiosk.

## **Wednesday, February 27, 12:00 PM – Messiah Listening Session**

SAM is lucky to have Messiah's Long Range Planning Committee as our luncheon guests. They have been hard at work for many months collecting information from many different angles. Now, the committee wants to hear from SAM. This is your opportunity to share with committee members your thoughts on the future direction of Messiah Lutheran Church. Where do you see the church in five years? Ten years? Longer? Is there one thing you just

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love about Messiah? Flip that and is there something you think we could do better or a ministry we need to add? There is no right or wrong. The committee simply wants to hear from SAM. The February luncheon is your golden opportunity to help shape the future of Messiah!!

## **Wednesday, March 27, 12:00 PM – Retro TV**

Steve Cheramy, Messiah's Video Coordinator (and basically AV guru!) is back again by popular demand to take us back to the older days of television. I believe we will see an ad that ran only once on television before it was pulled. He has quite the library of clips. Bring your slippers, sit back, and enjoy his trip back to the good 'ole days of television.



## **Thursday, July 18, 7:05 PM - It's Summertime!**

Think short sleeves, a slight breeze, and a sunset temperature in the 70s. No, you don't need to head to Florida to enjoy this weather. That is the forecast for Messiah Night at the Ballpark on July 18th. We are planning to again have Messiah's choir present the national anthem. The Madison Mallards have worked with Messiah to create a hybrid ticket for the evening game. We will have reserved stadium seats in left field with access to the TDS Concessions. Same great food and drink, all you can eat before and during the game, plus beverage tabs. Our seats are closer to home plate!

