

# Messiah Senior Adult Ministry



April-June 2018  
Faith, fun, friendship and  
service for ages 55+  
adultministry@messiahchurch.com

## SAM TO OFFER NEW WOMEN'S LUNCH OPPORTUNITY

Janet Alfonso is developing a lunch program for women called "Let's Do Lunch Bunch." They are looking at the second Wednesday of the month starting at 11:30 am. **The first lunch is set for April 11** at the 1855 Saloon and Grill, 281 South Main Street, Cottage Grove.

**The deadline to sign up is Monday, April 3<sup>rd</sup> on the kiosk.** The group will go to restaurants that take individual checks. This will be a nice way to go to a variety of restaurants. For more information, contact Janet at (608) 221-1040 or by email [alfonso\\_janet@yahoo.com](mailto:alfonso_janet@yahoo.com)



## TELEVISION'S OLDIES ARE BACK APRIL 25TH FOR THE SAM LUNCHEON

Get ready to enjoy yesteryear because Messiah's own multi-media guru, **Steve Cheramy**, is back with more old-time television funnies. Steve will entertain us at the SAM Luncheon on Wednesday, April 25, at 12:00 noon. He is sure to show some of your favorites so be ready to relive the good old days of television.



One of Steve's media interests is that of documenting people's life stories through current technology. His business is called A Generations Project and he documents the lives of people and families by taking their 35mm slides, 8 mm filmstrips, 16 mm film, audio tapes, cassettes, Beta and VHS tapes and transposes the various media formats into a modern-day family treasure. Contact Steve at [video@agenerationsproject.com](mailto:video@agenerationsproject.com) for information on capturing your life's journey and turning it into a wonderful gift for your family.

## TAKE A HIKE!.....SAM STYLE

**Monday, April 30, 9:30 am** (rain date Wednesday, May 2)

Let's take a hike on the woodland trails practically in Messiah's back yard! These are two short hikes near the church. You can do the first one and call it a day, or continue with us to the second one. If doing both you can plan on about two hours. Wear sturdy shoes or boots with traction, as the trails can be a little muddy. A walking stick or ski pole can be helpful. There are a few small hills. Plan on a slow pace with time to enjoy the walk and each other's company.

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We'll meet at the church at 9:30 AM and take the sidewalk to the entrance to the 1/2 mile long Tom George Greenway-Heritage Prairie Trail, which goes through woods and grassy areas. We'll do that loop and return to the church for a bathroom break. Then we'll cross Cottage Grove Road and enter the Elvehjem Sanctuary Trail, which has both woods and grassy areas. It ends at Academy Road, so we can return via sidewalks or turn around and retrace our steps through the woods.

Please register with Walt & Barb Herrod at 608-318-2129 or [bwhfam@gmail.com](mailto:bwhfam@gmail.com)...and save the date for our next walk on Wednesday, May 23<sup>rd</sup> (rain date May 24<sup>th</sup>), location to be determined.



## MONONA GROVE SHOW CHOIR SPAGHETTI DINNER AND SHOW

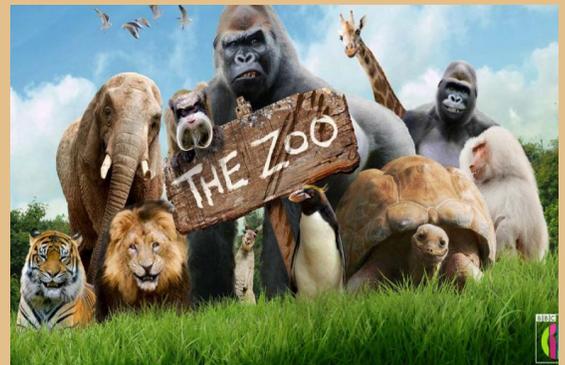


Mark your calendar for **May 12<sup>th</sup> at 5:30 pm**. That is the time when the scrumptious spaghetti dinner is served. The school is offering us dinner and show for just 12 bucks! You can't beat that price. We will also sit at normal tables with normal chairs. Hey Hey!! Participants will meet at the high school on Monona Grove.

See the kiosk for an order form or email Keith for an order form at [adultministry@messiahchurch.com](mailto:adultministry@messiahchurch.com) Reservations need to be in to church by Sunday, April 15<sup>th</sup>.

## IT'S NO JOKE—MESSIAH WILL BE A ZOO ON MAY 30<sup>TH</sup>

We will share lunch and fellowship together at noon. Then everyone will pitch in together to clean up Social Hall in record time. Why? Some of the animals from the Henry Vilas Zoo are coming for a visit! Since they all have special food diets, it is imperative that we put all food away and clean the tables so no trace of food is present when the animals arrive. The presentation is slated for 1:00 pm so that means we need to finish the meal, including dessert, by 12:40 so we have 15 minutes for everyone to make a record setting clean-up of Social Hall.





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### MESSIAH NIGHT AT THE BALL PARK

July 26 is a special Thursday date to put on your calendar. That is the night that the Messiah Choir will take the mound to sing the National Anthem. The choir hit it out of the ballpark last year with their performance. This is something you just have to see!! They have many rehearsals including outdoor rehearsals. Pastor Jeff will also be on the mound throwing out the first pitch.

We will have reserved seats down the left field line with all you can eat food throughout the game. Oh yes, you do get drink tickets too! For now, get the date on your calendar for a night of Messiah fun at the ball park.



### SAM MEN'S BREAKFAST

The men's breakfast, scheduled for every Wednesday at 8:30 am at Elie's Family Restaurant, Monona Drive and Buckeye, **has been cancelled indefinitely.**

There are times when together we discover that we  
make up a single body, that we belong to each other  
and that God has called us to be together  
as a source of life for each other

Jean Vanier